

# SUICIDE PREVENTION TRAININGS

## FREE TRAINING

### **ASIST (2 day training)** Open to the Public

Interactive workshop that prepares caregivers to provide suicide life-assisting, first-aid intervention. Small group discussions and skills practice are based on adult learning principles. Also teaches Pathways for Assisting Life (PAL), a practical guide to doing suicide interventions.

#### **Dilcon NDOT**

July 24-25, 2019 9:00am to 4:00pm

#### **Winslow Chamber of Commerce**

523 W. Second Street, Winslow, AZ  
May 28-29, 2019 9:00am to 4:00pm

### **POSTVENTION** Training for: Crisis Responders, Clergy, Counselors, Educators

1 day training to promoting healing and reducing risk after a suicide. To assist service providers respond in a coordinated & comprehensive way in the aftermath of a suicide or any sudden death.

#### **Whitecone Multipurpose Building**

April 25, 2019 9:00am to 4:00pm

#### **Dilcon NDOT**

July 23, 2019 9:00am to 4:00pm

### **safeTALK (4 hours)** Open to the Public

Prepares helpers to identify persons with thoughts of suicide and connect them to suicide first-aid resources. Most people with thoughts of suicide, either directly or indirectly invite help to stay safe.

#### **Jeddito Chapter House**

June 27, 2019 1:00pm to 4:00pm DST

#### **Leupp Chapter House**

September 12, 2019 1:00pm to 4:00pm DST

## Have a role in a Suicide-Safer Community

For more information contact: Louanna Benslow (928)289-9770 [louanna.benslow@wihcc.org](mailto:louanna.benslow@wihcc.org)  
Register at: <https://www.surveymonkey.com/r/WIHCCMSPITrainings>

Not responsible for theft, personal injury, or damage to property. This is a drug and alcohol free event. Sponsored by: Winslow Indian Health Care Center - MSPi Program, Jeddito Chapter, Leupp Chapter, Whitecone Multi-purpose Facility Gym and Dilkon Navajo Division of Transportation.