




# Dilkon Medical Center

## Cafeteria Lunch Menu – June 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
	Steamed Corn Stew Fresh Tortilla or Grilled Cheese Fresh Fruit Salad  <i>Upside Down Pineapple Cake</i>	Grilled Ham & Cheese (pit ham, swiss cheese) On Kaiser Roll Assorted Chips  <i>Chocolate Cup Cake</i>	Chopped Steak Mashed potato Pan Gravy Mixed Veggies Dinner Roll Cherry Crisp	Spaghetti & Meatballs (pasta, meatball, marinara sauce) Italian Vegetable French Bread w/olive oil  <i>Italian Ice</i>	2 Fish Tacos Coleslaw Black Bean & Corn Salsa  <i>Orange Cream Delight</i>	
<b>Soups</b>	<b>Tomato</b>	<b>Minestrone</b>	<b>Cream of Broccoli</b>	<b>Pinto &amp; Bacon</b>	<b>Hamburger Soup</b>	
7	8	9	10	11	12	13
	Chicken Fried Chicken Mashed Potato Country Gravy Green Peas Dinner Roll Strawberry Short Cake	Seafood Stir-fry (Fried rice, shrimp, crab, scallop, green onion) Steamed Vegetable (cauliflower, peppers, broccoli) Dinner Roll Chocolate Cream Pie	French Dip Sandwich (roast beef, provolone cheese, au jus sauce) Curley Fries  <i>Strawberry Sundae</i>	Italian Chicken Creamy Tomato Pasta Broccoli & Carrots Garlic Bread Stick  <i>Cheese Cake</i>	Hamburger (beef patty, lettuce, tomato, onion, pickles, bun or tortilla) French Fries  <i>Brownies</i>	
<b>Soups</b>	<b>Red Chile Pork Stew</b>	<b>Egg Drop</b>	<b>Chicken Noodle</b>	<b>Split Pea &amp; Ham</b>	<b>Cream of Chicken</b>	
14	15	16	17	18	19	20
	Sloppy Joe On Burger Bun Tater Tots Cabbage & Red Onion Salad  <i>Brownies</i>	Four Cheese Lasagna (pasta, marinara sauce, four cheese blend) Capri Blend Veggies Garlic Bread  <i>Berry Cream Delight</i>	Roast Beef Baked Potato w/butter & sour cream Green Beans Dinner Roll  <i>Apple Pie</i>	Pepperoni Pizza (2 Slices) Buffalo Wings (4) Celery Sticks w/Ranch dip  <i>Vanilla Ice Cream Sandwich</i>		
<b>Soups</b>	<b>Green Chile Beef Stew</b>	<b>Barley &amp; Beef</b>	<b>Chicken &amp; Rice</b>	<b>Lamb Dumpling</b>		
21	22	23	24	25	26	27
	Meatloaf Mashed Potato Pan Gravy Winter Blend Vegetable Dinner Roll Cherry Pie	Club Sandwich (Ham, turkey, Bacon, lettuce, tomato, mayo, white slice) Pickle Spear Macaroni Salad Strawberry Short Cake	Navajo Taco (frybread, pinto beans, lettuce, tomato, onion) Or Grilled Ham & Cheese Tomato Cucumber Onion Salad  <i>Coconut Cream Pie</i>	Teriyaki Chicken Bowl Asian Noodle Peppers & Snow Peas Dinner Roll  <i>Orange Cake</i>	Hamburger (beef patty, lettuce, tomato, onion, pickles, bun or tortilla) French Fries  <i>Peach Cobbler</i>	
<b>Soups</b>	<b>Red Chile Chicken Stew</b>	<b>Hamburger Noodle</b>	<b>Cream of Tomato</b>	<b>Pinto &amp; Bacon</b>	<b>Clam Chowder</b>	
28	29	30	<b>Monday-Friday Hours of Operation</b>			
	Baked Fried Chicken Macaroni & Cheese Green Beans Dinner Roll Apple Pie	Beef Enchilada Spanish Rice Pinto Beans Flour Tortilla Churros	Breakfast: 7:30 am – 9:00 am (MST) Lunch: 11:00 am – 1:30 pm (MST) Grab n' Go's available: 7:30 am – 6:00 pm <b>CLOSED ON WEEKENDS</b>			
	<b>Green Chile Pork Stew</b>	<b>Chicken Minestrone</b>	<b>Menu is subject to change without notice.</b>			

# Dilkon Medical Center

## Cafeteria Breakfast Menu – June 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	1 <b>Breakfast Burrito</b> Breakfast Bowl: (eggs, hash browns, breakfast meats etc.) <b>Hot Cereal</b> Fresh Fruits	2 <b>Breakfast Burrito</b> Breakfast Bowl: (eggs, hash browns, breakfast meats etc.) <b>Hot Cereal</b> Fresh Fruits	3 <b>Breakfast Burrito</b> Or <b>Biscuit &amp; Gravy</b> (buttermilk biscuit, sausage, country gravy) <b>Hot Cereal</b> Fresh Fruits	4 <b>Breakfast Burrito</b> Breakfast Bowl: (eggs, hash browns, breakfast meats etc.) <b>Hot Cereal</b> Fresh Fruits	5 <b>Breakfast Burrito</b> Breakfast Bowl: (eggs, hash browns, breakfast meats etc.) <b>Hot Cereal</b> Fresh Fruits	6	
7	8 <b>Breakfast Burrito</b> Breakfast Bowl: (eggs, hash browns, breakfast meats etc.) <b>Hot Cereal</b> Fresh Fruits	9 <b>Breakfast Burrito</b> Breakfast Bowl: (eggs, hash browns, breakfast meats etc.) <b>Hot Cereal</b> Fresh Fruits	10 <b>Breakfast Burrito</b> Or <b>Biscuit &amp; Gravy</b> (buttermilk biscuit, sausage, country gravy) <b>Hot Cereal</b> Fresh Fruits	11 <b>Breakfast Burrito</b> Breakfast Bowl: (eggs, hash browns, breakfast meats etc.) <b>Hot Cereal</b> Fresh Fruits	12 <b>Breakfast Burrito</b> Breakfast Bowl: (eggs, hash browns, breakfast meats etc.) <b>Hot Cereal</b> Fresh Fruits	13	
14 	15 <b>Breakfast Burrito</b> Breakfast Bowl: (eggs, hash browns, breakfast meats etc.) <b>Hot Cereal</b> Fresh Fruits	16 <b>Breakfast Burrito</b> Breakfast Bowl: (eggs, hash browns, breakfast meats etc.) <b>Hot Cereal</b> Fresh Fruits	17 <b>Breakfast Burrito</b> Or <b>Biscuit &amp; Gravy</b> (buttermilk biscuit, sausage, country gravy) <b>Hot Cereal</b> Fresh Fruits	18 <b>Breakfast Burrito</b> Breakfast Bowl: (eggs, hash browns, breakfast meats etc.) <b>Hot Cereal</b> Fresh Fruits	19 	20	
21 	22 <b>Breakfast Burrito</b> Breakfast Bowl: (eggs, hash browns, breakfast meats etc.) <b>Hot Cereal</b> Fresh Fruits	23 <b>Breakfast Burrito</b> Breakfast Bowl: (eggs, hash browns, breakfast meats etc.) <b>Hot Cereal</b> Fresh Fruits	24 <b>Breakfast Burrito</b> Or <b>Biscuit &amp; Gravy</b> (buttermilk biscuit, sausage, country gravy) <b>Hot Cereal</b> Fresh Fruits	25 <b>Breakfast Burrito</b> Breakfast Bowl: (eggs, hash browns, breakfast meats etc.) <b>Hot Cereal</b> Fresh Fruits	26 <b>Breakfast Burrito</b> Breakfast Bowl: (eggs, hash browns, breakfast meats etc.) <b>Hot Cereal</b> Fresh Fruits	27	
28	29 <b>Breakfast Burrito</b> Breakfast Bowl: (eggs, hash browns, breakfast meats etc.) <b>Hot Cereal</b> Fresh Fruits	30 <b>Breakfast Burrito</b> Breakfast Bowl: (eggs, hash browns, breakfast meats etc.) <b>Hot Cereal</b> Fresh Fruits	<b>Monday-Friday Hours of Operation</b> Breakfast: 7:30 am – 9:00 am (MST) Lunch: 11:00 am – 1:30 pm (MST) Grab n' Go's available: 7:30 am – 6:00 pm <b>CLOSED ON WEEKENDS</b>				

*Menu is subject to change without notice.*