


Dilkon Medical Center
2025 March Cafeteria Lunch Menu

CAFETERIA IS OPEN TO THE PUBLIC!

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
<i>Menu is Subject to Change, depending on availability from our vendors.</i>						1
2	3 Steamed Corn Stew Frybread or Tortilla Or Grilled Ham & Cheese Broccoli & Grape Salad Pineapple Upside Down Cake	4 MARDI GRAS Grilled Chicken or Pork Chops Mashed Potato w/ Gravy Carrots Dinner Roll Macaroni Salad Vanilla Pudding	5 <i>Ash Wednesday, Lent Begins</i> Beef Tacos Or Chicken Enchiladas Spanish Rice Refried Beans Ambrosia Salad Spice Cake	6 Chicken Pot Pie Or Pork Tenderloin Saffron Rice Capri Blend Pasta Salad Peaches n Cream	7 Shepherd Special (Beef) Or Fish & Chips Green Beans Fruit Salad Chocolate Pudding	8
Soup	Tomato soup	Vegetable Beef	Chicken Pasole	Minestrone	Corn Chowder	
9 	10 BBQ Pulled Pork Sandwich on bun Or Sloppy Joe Tater Tots Chuck wagon Blend Pasta Salad Chocolate Cake	11 Meatloaf Or Chicken tenders Mashed Potatoes w/Gravy Corn Cheese Biscuit Cole Slaw Banana Cream Pie	12 Beef Lasagna Or Chicken Parmesan Italian Blend Garlic Toast Caprice Salad Apple Pie	13 Peppered Steak Or Orange Chicken Steamed Rice Oriental Blend Cucumber & Tomato Salad Orange Delight	14 Roast Mutton or Roast Beef Sandwich Or Breaded Pollock Baked Potato Corn on the Cob Carrot Raisin Salad Strawberry Shortcake	15
Soup	Chicken Tortilla	Chicken Noodle	Cream of Potato	Egg Drop Soup	Green Chile Posole	
16	17  Corned Beef Or Tortilla Crusted Tilapia Roasted Sliced Potatoes Buttered Cabbage Brownie	18 Chicken Fried Steak Or Chicken Fried Chicken Jasmine Rice Mixed Vegetables Potato Salad Peach Melba	19 Baked Chicken Or Breaded Pork Chops Scalloped Potatoes Asparagus Cole Slaw Dinner Roll Cherry Crisp	20  Carne Asada Fries Or Nacho Supreme Pinto Beans Spanish Rice Cucumber Cilantro Salad Churro	21 BBQ Pork Ribs Or Catfish Capri Blend Tater Tots Macaroni Salad Carrot Cake	22
Soup	Cabbage & Sausage	Vegetable Beef	Gumbo	Green Chile Stew	Broccoli Cheddar	
23	24 Spaghetti w/Meat Sauce Or Vegetable Lasagna California Blend 3-Bean Salad Strawberry Trifle	25 BBQ Beef Brisket Or Spicy Chicken Sandwich Curly Fries Green Beans Spinach Cucumber Salad Peach Cobbler	26 Navajo Taco Or Grilled Cheese Mexican Black Bean Salad Yellow Cake	27 Roast Turkey Or Chopped Steak Rice Pilaf Peas & Carrots Ambrosia Salad Vanilla Ice Cream	28 Hamburger/Cheese Burger Or Popcorn Shrimp Shoestring Fries Zucchini Macaroni Salad Banana Cream Pie	29
Soup	Minestrone	Chicken & Rice	Tomato Soup	Chicken Noodle	Skinny Tortilla	
30	31 Chicken Alfredo Or Beef Goulash Italian Blend Carrot Raisin Salad Cherry Pie	<u>Monday-Friday Hours of Operation</u> Breakfast: 7:30 am – 10:00 am (MST) Lunch: 11:00 am – 4:00 pm (MST) Grab n' Go's available: 7:30 am – 6:00 pm CLOSED ON WEEKENDS <i>*Times subject to change without notice*</i>		BEGINNING 3/17/2025 <u>Monday-Friday Hours of Operation</u> Breakfast: 7:30 am – 9:30 am (MST) Lunch: 11:00 am – 1:30 pm (MST) Supper: 3:30 pm – 6:00 pm (MST) Grab n' Go's available: 7:30 am – 6:00 pm CLOSED ON WEEKENDS		
Soup	Hamburger					

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2	3 Breakfast Burrito Hot Cereals Fresh Fruits Blue Corn Pancakes Sausage Links	4 Breakfast Burrito Hot Cereals Fresh Fruits Belgian Waffle Bacon	5 Breakfast Burrito Hot Cereals Fresh Fruits Biscuit & Gravy	6 Breakfast Burrito Hot Cereals Fresh Fruits French Toast Sausage Links	7 Breakfast Burrito Hot Cereals Fresh Fruits Omelette	8
9	10 Breakfast Burrito Hot Cereals Fresh Fruits Buttermilk Pancakes Sausage Links	11 Breakfast Burrito Hot Cereals Fresh Fruits Croissant Sandwich (croissant, sausage patty, egg, cheese)	12 Breakfast Burrito Hot Cereals Fresh Fruits Biscuit & Gravy	13 Breakfast Burrito Hot Cereals Fresh Fruits French Toast Sausage Links	14 Breakfast Burrito Hot Cereals Fresh Fruits Huevos Rancheros (eggs, hash browns, beans, corn tortilla) w/ tortilla	15
16	17 Breakfast Burrito Hot Cereals Fresh Fruits Blue Corn Pancakes Sausage Links	18 Breakfast Burrito Hot Cereals Fresh Fruits Belgian Waffle Bacon	19 Breakfast Burrito Hot Cereals Fresh Fruits Biscuit & Gravy	20 Breakfast Burrito Hot Cereals Fresh Fruits French Toast Sausage Links	21 Breakfast Burrito Hot Cereals Fresh Fruits Omelette	22
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