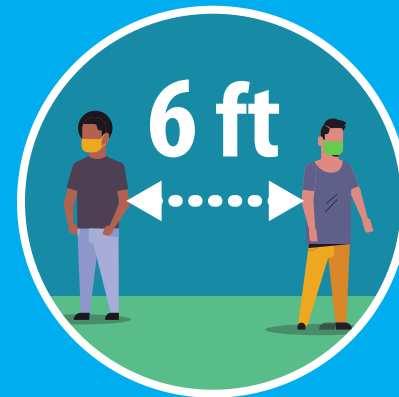


# BACK-TO-COLLEGE TIPS

Protect Yourself from COVID-19

## Watch your distance

Stay at least 6 feet apart from others, when possible



## Wash your hands

or use hand sanitizer with at least 60% alcohol



## Wear a mask

in public spaces and common areas



The more **closely** you interact with others and the **longer** that interaction, the **higher the risk** of COVID-19 spread.



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### DORM

- Avoid sharing items with roommates or others.
- If you do, clean and disinfect before sharing or using.

### SHARED BATHROOM

- Avoid placing toothbrushes directly on counter surfaces.
- Use totes for personal items to limit contact with other surfaces in the bathroom.

### CLASSROOM

- Enroll in online classes if they fit your educational needs.
- Wipe down your desk with a disinfectant wipe if possible.
- Skip seats or rows to create physical distance between other students.
- Avoid placing your personal items (e.g., cell phone) on your desk.

### DINING HALL & MEALS

- Avoid sharing food, drink, utensils or other items with people.
- Pick up grab-and-go options for meals if offered.
- Avoid buffets and self-serve stations.

### LAUNDRY ROOM

- Clean and disinfect surfaces that others have touched (e.g., buttons on the washing machine).
- Wash masks in warmest appropriate water setting for the fabric.



**BEFORE YOU GO OUT,  
TAKE THE FOLLOWING:**

- Mask
- Tissues
- Hand sanitizer
- Disinfection wipes (if possible)

[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)