

**WINSLOW INDIAN HEALTH CARE CENTER  
YOUTH WELLNESS PROGRAM**

**NATIONAL CHILDHOOD  
OBESITY AWARENESS MONTH**

**PRACTICE HEALTHY HABITS AS A FAMILY!**

**SEPTEMBER EVENTS**

**09/08 - LEUPP COMMUNITY SOFTBALL FIELD**

**09/15 - WINSLOW VARGAS PARK RAMADAS**

**09/20 - WHITECONE CHAPTER HOUSE**

**09/27 - DILKON FAIRGROUNDS**

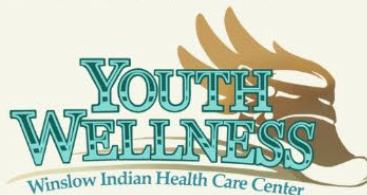
**Health Fair @ 4:00 pm MST**

**2-Mile Walk/Run @ 5:00 pm MST**



**FIRST 50  
PARTICIPANTS  
RECEIVE A  
TSHIRT.**

- ACTIVITIES -**
- Various Health Booths
  - Brief presentations
  - Diabetes and A1C Screening
  - Incentives
  - School Supplies
  - 2 mile walk/run



**Questions? | 928-289-6194 or 928-288-9219**

**[sausha.nellsewihcc.org](http://sausha.nellsewihcc.org)**

