

12th Annual

Hózhóogo Iiná Youth Wellness Conference

June 13, 2017 @ Jeddito Public School

June 20, 2017 @ Dilcon Community School

Master of Ceremony: Damien Jones

- (MST)
- 7:00a.m. Registration and Breakfast (free breakfast program)**
- 8:00a.m.**
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| Invocation | Daryl Joe, Prevention Specialist, Dilcon Department of Behavioral Health |
| Pledge of Allegiance | Aiyana Yazzie, DCC Student (Dilcon) & Jauslyn Nells, IWE Student (Jeddito) |
| Welcome Address | Louanna Benslow, MSPI Coordinator Assistant, WIHCC |
| Special Guest Speaker | Honorable Jonathan Hale, Council Delegate, 23 rd Navajo Nation Council |
| Keynote Address | Thomas Edison Yazzie – “Overview of the Navajo Wellness Model” |
| Ice Breaker | JaNelle Etsitty, Recreation Specialist, Navajo Nation Office of Dine Youth, Ft. Defiance |
- 9:00a.m. Interactive Session 1**
- Group 1: Lavone Brady, Safety Officer, WIHCC - Na’nitin bine’ na’adáii: Teachings for protection
- Group 2: Thomas Edison Yazzie, Traditional Practitioner, WIHCC - Choosing a Healthy Life Style through Navajo Culture
- Group 3: Nathan Brady, Patient Advocate, WIHCC - Diné nooséí, éí baa shií hózhóo: Navajo Pride and Identity
- 9:50a.m. Interactive Session 2 and Snacks**
- Group 1: Lavone Brady, Safety Officer, WIHCC - Na’nitin bine’ na’adáii: Teachings for protection
- Group 2: Thomas Edison Yazzie, Traditional Practitioner, WIHCC - Choosing a Healthy Life Style through Navajo Culture
- Group 3: Nathan Brady, Patient Advocate, WIHCC - Diné nooséí, éí baa shií hózhóo: Navajo Pride and Identity
- 10:40a.m. Interactive Session 3**
- Group 1: Lavone Brady, Safety Officer, WIHCC - Na’nitin bine’ na’adáii: Teachings for protection
- Group 2: Thomas Edison Yazzie, Traditional Practitioner, WIHCC - Choosing a Healthy Life Style through Navajo Culture
- Group 3: Nathan Brady, Patient Advocate, WIHCC - Diné nooséí, éí baa shií hózhóo: Navajo Pride and Identity
- 11:30a.m. Lunch (free lunch program)**
- 12:15p.m.** Sausha Nells, Youth Wellness Nurse, WIHCC - “Eat to Live not Live to Eat” Eating healthy will help you live longer!
- 12:45p.m.** JaNelle Etsitty - Recreation Specialist, Navajo Nation Office of Dine Youth – Ft. Defiance- Being Active Everyday
- 1:30p.m. Hands on Activity**
- Room #1: Vegetable Gardening – Ashley John, Educator
- Room #2: Navajo Traditional Foods – Grace Tracy, CHLO/Marketing/Cultural Liaison
- Room #3: Moccasin Making – Damien Jones, Educator
- Room #4: Cradle Board – Valerie Yazzie, Educator
- 2:30p.m. Team Building** – JaNelle Etsitty - Recreation Specialist, Navajo Nation Office of Dine Youth – Ft. Defiance
- 2:50p.m.** Closing Remarks – Damien Jones, Educator
Closing Prayer – Nathan Brady, Patient Advocate, WIHCC

