




























COMMUNITY HEALTH SERVICES EVENTS

Join Community Health Services this month at our community events! All events are in **Mountain Standard Time (MST)**. Feel free to contact our numbers below, email, or see us in person! *Calendar is subject to change*



CONTACT NUMBERS 📞 928-657-1073 | 928-657-1077 | 928-289-8065 | 928-289-6137

JUNE 2026 		 Email: hiwc@wihcc.org		 Website: www.wihcc.org		 TAE KWON DO WILL BE RELOCTED AT DMC WELLNESS CENTER FROM JUNE 8TH - JULY 29TH		
MON	TUE	WED	THU	FRI				
1  NURSING'S YOUTH DEVELOPMENT SUMMER PROGRAM BEGINS @WIHCC	2	3	4  Birdsprings Little Singer School Registration Begins 5pm MST Start Time 6:30pm MST	5				
8  TAEKWONDO @DMC Wellness 4:30PM-5:30PM MST 5:30PM-6:30PM MST Food Demo @Whitecone Senior Center 10:30am MST	9  Nutrition Bingo @DMC Wellness 12pm - 1pm MST	10  TAEKWONDO @DMC Wellness 4:30PM-5:30PM MST 5:30PM-6:30PM MST	11  Tolani Lake Chapter Registration Begins 5pm MST Start Time 6:30pm MST  YOUTH MENTAL HEALTH FA @WIHCC 8:15am - 4:00pm MST		12  Food Distribution @WIHCC 9AM - 11AM MST			
15  TAEKWONDO @DMC Wellness 4:30PM-5:30PM MST 5:30PM-6:30PM MST	16	17  TAEKWONDO @DMC Wellness 4:30PM-5:30PM MST 5:30PM-6:30PM MST  Food Handler's Training @Jedito 10am-12pm MST	18  Teesto Community Center Registration Begins 5pm MST Start Time 6:30pm MST  Food Distribution @DMC 9:30AM - 11AM		19 WIHCC & DMC CLOSED  JUNE TENTH Wellness Centers will be CLOSED			
22  TAEKWONDO @DMC Wellness 4:30PM-5:30PM MST 5:30PM-6:30PM MST	23 Food Demo @Teesto Senior Center 10:30am MST Men's Sweat Lodge @WIHCC 3PM MST  Gardening Workshop @DMC Wellness 4:30PM - 6:30PM MST	24  TAEKWONDO @DMC Wellness 4:30PM-5:30PM MST 5:30PM-6:30PM MST	25  Jedito Chapter Registration Begins 5pm MST Start Time 6:30pm MST		26			
29  TAEKWONDO @DMC Wellness 4:30PM-5:30PM MST 5:30PM-6:30PM MST	30	Like us on Facebook!  /WIHCC  Visit WIHCC.COM for more information!		CHECK OUT OUR MASSAGE THERAPY CALENDAR ON OUR FACEBOOK OR WEBSITE! 		 JUST MOVE IT In-person Registration begins at 5pm MST Online registration has now closed Bring Water! NO PETS		