

MASSAGE THERAPY CALENDAR

Massage Therapy (MT) is now operating as a **SELF-REFERRAL** process. Medical referrals are no longer required from a provider. MT will be making same-day walk-in appointments on the hours provided on the MT calendar. MT will be unable to schedule appointments past one day.



CALL TO MAKE A SAME-DAY APPOINTMENT: 928-657-1077

JANUARY 2026

CALL TO MAKE A SAME-DAY APPOINTMENT OR VISIT A WELLNESS CENTER ON DAY OF MASSAGE WITHIN THE HOURS SHOWN ON CALENDAR.

MON	TUE	WED	THU	FRI
HOURS				
DMC & WIHCC FULL BODY MASSAGE MONDAY - FRIDAY 9AM - 3PM MST		DMC & WIHCC CHAIR MASSAGE MONDAY - FRIDAY 8AM - 9AM & 3PM-4PM		<p>1 JANUARY 1</p> <p>HAPPY <i>New Year</i></p> <p>WIHCC & DMC CLOSED</p>
				2
				DMC Full Body 9am-12pm MST
5	6	7	8	9
WIHCC Full Body Education Center 9am-3pm MST	DMC Full Body 9am-3pm MST WIHCC Full Body Education Center 9am-3pm MST	DMC Full Body 9am-3pm MST WIHCC Full Body Education Center 9am-3pm MST	DMC Full Body 9am-3pm MST WIHCC Full Body Education Center 9am-3pm MST	DMC Full Body 9am-12pm MST
12	13	14	15	16
WIHCC Full Body Education Center 9am-3pm MST	DMC Full Body 9am-3pm MST WIHCC Full Body Education Center 9am-3pm MST	DMC Full Body 9am-3pm MST WIHCC Full Body Education Center 9am-3pm MST	DMC Full Body 9am-3pm MST WIHCC Full Body Education Center 9am-3pm MST	DMC Full Body 9am-12pm MST
19	20	21	22	23
 No Massage Therapy WIHCC & DMC CLOSED	DMC Full Body 9am-3pm MST <i>Teesto Senior Center Chair Massage 9am-2pm MST</i>	DMC Full Body 9am-12pm MST WIHCC Full Body Education Center 9am-3pm MST	DMC Full Body 9am-3pm MST WIHCC Full Body Education Center 9am-3pm MST	DMC Full Body 9am-12pm MST WIHCC Full Body Education Center 9am-3pm MST
26	27	28	29	30
WIHCC Full Body Education Center 9am-3pm MST	WIHCC Full Body Education Center 9am-3pm MST <i>Whitecone Senior Center Chair Massage 9am-2pm MST</i>	DMC Full Body 9am-3pm MST WIHCC Full Body Education Center 9am-3pm MST	DMC Full Body 9am-3pm MST WIHCC Full Body Education Center 9am-3pm MST	DMC Full Body 9am-12pm MST WIHCC Full Body Education Center 9am-3pm MST