

MASSAGE THERAPY CALENDAR

Massage Therapy (MT) is now operating as a **SELF-REFERRAL** process. Medical referrals are no longer required from a provider. MT will be making same-day walk-in appointments on the hours provided on the MT calendar. MT will be unable to schedule appointments past one day.



CALL TO MAKE A SAME-DAY APPOINTMENT: 928-657-1077

MARCH 2025

CALL TO MAKE A SAME-DAY APPOINTMENT OR VISIT A WELLNESS CENTER ON DAY OF MASSAGE WITHIN THE HOURS SHOWN ON CALENDAR.

MON	TUE	WED	THU	FRI
3 	4 	5 <div style="border: 1px solid orange; padding: 2px;">DMC Full Body 8am-4pm MST</div> <div style="border: 1px solid black; padding: 2px;">DMC Chair Massage 8am-4pm MST</div>	6 <div style="border: 1px solid orange; padding: 2px;">DMC Full Body 8am-4pm MST</div> <div style="border: 1px solid black; padding: 2px;">DMC Chair Massage 8am-4pm MST</div>	7 <div style="border: 1px solid orange; padding: 2px;">DMC Full Body 8am-4pm MST</div>
10 <div style="border: 1px solid orange; padding: 2px;">DMC Full Body 8am-4pm MST</div>	11 <div style="border: 1px solid orange; padding: 2px;">DMC Full Body 8am-4pm MST</div>	12 <div style="border: 1px solid orange; padding: 2px;">DMC Full Body 8am-4pm MST</div> <div style="border: 1px solid black; padding: 2px;">DMC Chair Massage 8am-4pm MST</div>	13 <div style="border: 1px solid orange; padding: 2px;">DMC Full Body 8am-4pm MST</div> <i>Teesto Senior Center 10am-2pm MST</i>	14 <div style="border: 1px solid orange; padding: 2px;">DMC Full Body 8am-4pm MST</div>
17 <div style="border: 1px solid orange; padding: 2px;">DMC Full Body 8am-4pm MST</div> <div style="border: 1px solid black; padding: 2px;">WIHCC Chair Massage Education Center 8am-4pm MST</div>	18 <div style="border: 1px solid orange; padding: 2px;">DMC Full Body 8am-4pm MST</div> <i>Birdsprings Senior Center 10am-3pm MST</i>	19 <div style="border: 1px solid orange; padding: 2px;">DMC Full Body 8am-4pm MST</div>	20 <div style="border: 1px solid orange; padding: 2px;">DMC Full Body 8am-4pm MST</div>	21 <div style="border: 1px solid orange; padding: 2px;">DMC Full Body 8am-4pm MST</div>
24 <div style="border: 1px solid orange; padding: 2px;">DMC Full Body 8am-4pm MST</div>	25 <div style="border: 1px solid orange; padding: 2px;">DMC Full Body 8am-4pm MST</div> <div style="border: 1px solid black; padding: 2px;">DMC Chair Massage 8am-4pm MST</div>	26 <div style="border: 1px solid orange; padding: 2px;">DMC Full Body 8am-4pm MST</div> <div style="border: 1px solid black; padding: 2px;">DMC Chair Massage 8am-4pm MST</div>	27 <div style="border: 1px solid orange; padding: 2px;">DMC Full Body 8am-4pm MST</div>	28 <div style="border: 1px solid orange; padding: 2px;">WIHCC Full Body Hogan 8am-4pm MST</div> <div style="border: 1px solid orange; padding: 2px;">DMC Full Body 8am-4pm MST</div>

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DMC Full Body
12pm-4pm MST

WIHCC Chair Massage
Education Center
8am-4pm

MASSAGES OFFERED

- DMC Full Body Massage (40-45 Min.)
- DMC or WIHCC Chair Massage (15-20 Min.)
- WIHCC Full Body Massage (40-45 Min.)

Massage Locations:



- DMC** - Dilkon Medical Center Wellness Center
- WIHCC** - Winslow Indian Health Care Center
 - Hogan, Education Center, or MOB (as listed)