

# WINSLOW INDIAN HEALTH CARE CENTER

## NAVAJO TRADITIONAL MEDICINE VIRTUAL "LUNCH & LEARN"



- THURSDAYS
- 12 PM - 1 PM (MST)
- 1-HOUR ZOOM MEETINGS
- PARTICIPANTS CAN CALL-IN
- STORYTELLING IN NAVAJO
- LEAD BY TRADITIONAL PRACTITIONER THOMAS YAZZIE
- TO REGISTER, CALL: 800-530-1430

**OCT 22**

DINÉ NEW YEAR & EMERGENT STORY ENLIGHTENMENT

**NOV 5**

THE BLACK WORLD, FIRST WORLD; BEGINNING OF TIME & NATURAL LAW

**NOV 19**

THE BLUE WORLD, SECOND WORLD; REPTILIANS AND AMPHIBIANS & TRADITIONAL LAW

**DEC 3**

THE YELLOW WORLD, THIRD WORLD; THE SEPARATION OF MALE AND FEMALE & CUSTOMARY LAW

**DEC 17**

THE WHITE WORLD, FOURTH WORLD; THE EMERGENT & COMMON LAW

Thomas Edison Yazzie éí Nát'oh Diné'e Táchii'nii nílí. Tábaááhí yáshchíín, Tlááshchí'í dabicheji dóó Kinyaa'aanii dabináí.

The Navajo Traditional Medicine (NTM) program uses traditional Diné (Navajo) healing services to address a patient's spiritual health and wellness. Through the use of traditional healing strategies and interventions - based on the concepts of "Hózhóójí dóó k'é" - the NTM program helps to restore balance and harmony with patients.

As of October 2019, the NTM has been absorbed into the Hózhóogo Iná Wellness Program. With this new addition, we hope to bridge the understanding of health, harmony, spirituality, Western medicine, and further develop the circle of wellness.

**APPOINTMENTS & QUESTIONS: 928-288-9208 & 800-530-1430**

**EMAIL: [diabetes.program@wihcc.org](mailto:diabetes.program@wihcc.org)**

**HOGAN LOCATION: North Side of WIHCC Campus**